

Sport Motivation: Training Your Mind For Peak Performance

By Ken Hodge

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Catalogue Sport motivation: Training your mind for peak performance Sport motivation: Training your mind for peak performance. Hodge, Ken

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Pilates, yoga, sports performance training and motivational tactics to "Get your mind Todd Durkin. Todd Durkin. Regional Training Manager at

Ken Hodge is the author of Sport Motivation Sport Motivation: Training Your Mind For Peak Performance Training Your Mind for Peak Performance 0.0 of 5

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